

Affordable Warmth Checklist

This checklist will help you identify clients at risk of fuel poverty and take the appropriate action.

What you notice

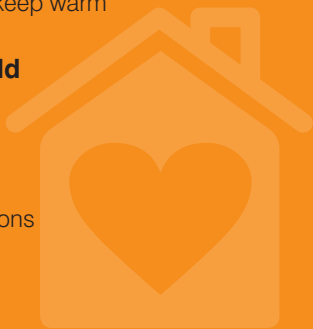
- The home is too cold or draughty
- No visible heating
- Only portable appliances for heating such as bottled gas heaters or electric fires present
- Vents have been blocked up
- Signs of damp or mould
- Mainly living in one room

What your client tells you

- Their fuel bills are high or there is fuel debt
- They may stay in bed or use a hot water bottle to keep warm
- They may want to stay in hospital to keep warm

Increased vulnerability to the cold

- Older people
- Children
- Disabled people
- Those with long term medical conditions



Diseases and conditions worsened by cold homes

- Strokes
- Chronic bronchitis and emphysema
- Asthma
- Falls and accidents
- Depression
- Arthritis/musculoskeletal problems

What you can do

For owner occupiers or private tenants:

Call or signpost to the Environment Centre on

0800 804 8601* for information, advice and support on:

- home energy improvements
- energy advice
- debt and benefit advice
- healthy lifestyles

For Council or Housing Association tenants:

Refer them to their landlord for home improvements.

**Monday to Friday, 9am - 5pm*

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